



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

RED CROSS LIFEGUARD

CERTIFICATION

This course is designed to give participants the basic skills and knowledge needed to be lifeguards in pools and aquatic environments. This comprehensive course offers up to date information on how to guard, anticipate, prevent problems and to take action to help those in need. CPR, First Aid and AED certifications are included in the cost of the program. Participants must pass a swim test prior to the first day of class in order to register.

AGES: 15+

WHEN:

***Session 1:** October 1st- 3rd

Time: Friday 5-8, Saturday 8-6. Sunday 11-5

Pretest Date: September 24th 4-6 p.m.

*Blended w/online learning

***Session 2:** March 25-27

Time: Friday 5-8, Saturday 8-6. Sunday 11-5

Pretest Date: March 18th 4-6 p.m.

*Blended w/online learning

***Session 3:** May 20-22

Time: Friday 5-8, Saturday 8-6. Sunday 11-5

Pretest Date: May 12th 4-6 p.m.

*Blended w/online learning

Session 4: April 18-22

Time: Monday-Friday 8am-2pm

Pretest Date: April 13th 4-6 p.m.

COST: Member:\$250 and Non member:\$275

Cost of the class also covers a CPR mask, and a hip pack

LOCATION:

J. Smith Young YMCA

119 W. 3rd Ave

Lexington, NC 27292



For more information, please contact:

Kendall Whortan at (336) 309-1611



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