



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## J. Smith Young YMCA Code of Conduct & Youth Policies

### YMCA CODE OF CONDUCT

The YMCA is committed to providing a safe, inclusive and welcoming environment where everyone is valued. To best serve you, any member or guest who is in violation of the Code of Conduct can be asked to leave at any time.

Our non negotiables are as follows:

1. YMCA staff are here to help you and keep you safe. They are to be treated with respect at all times. Deliberately disobeying, defying or disrespecting any YMCA staff or the directions they give will not be tolerated.
2. This is a family friendly facility and language must be appropriate for all ears. Please use YMCA friendly language at all times.
3. Physical contact is prohibited - no pushing, slapping, shoving or fighting at any time.
4. All facility rules apply to all members & guests at all times.

Thank you for your help in making our facility as safe as possible for everyone.

### GENERAL FACILITY GUIDELINES

- ANYONE under the age of 18 years old, even if accompanied by an adult, must use only the family locker rooms.
- Each room at the YMCA has an intended purpose. Please make sure that you are using the rooms appropriately.
- 12-17 year old individuals may be at the YMCA for a maximum of 4 hours without a parent/guardian present or be participating in a YMCA program.
- The YMCA staff are not responsible if minors who are here without an adult leave the facility.
- Absolutely no food or drinks allowed in the gymnasium.

## **J. SMITH YOUNG YMCA YOUTH POLICY**

### Ages 0-9

- Must be with an adult if they are in the building, with the exception of in Childwatch or participating in a program

### Ages 10-11

- Must have an adult in the building, but can use the pool, gymnasium, or lobby area unattended
- Can participate in Group Ex classes with their adult
- Can use the Main Fitness Center and the Technogym weight machines with an adult after the completion of a Youth Fitness Certification by one of our Staff Members

### Ages 12+

- Can use the facility without an adult present
- Ages 12-17 must complete a youth fitness certification prior to use of the fitness center